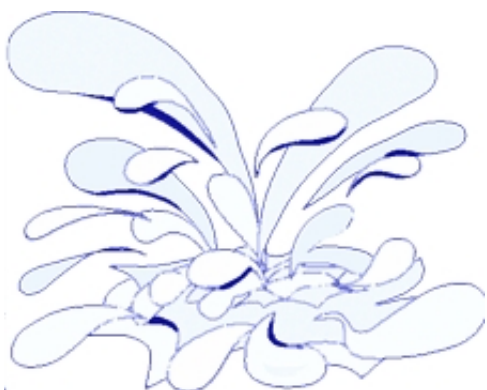


Pullman Aquatic & Fitness Center Presents:



Splash 'N' Dash

We do the splashin'... you do the dashin'!

Parents, enjoy a Friday evening with each other while we entertain your children.

Fridays: Aug 26, Sept 9, 23, Oct 14, Nov 11

6:00-10:00pm - \$10ea

Call it a girls' night, call it a boys' night, call it a great night for your kids. Caregivers receive a discount d



Pullman Parks & Recreation 3rd Annual

Care-to-Share Fun Run

Sat., Oct 1 - 10:00am

Special Events

Last Updated Wednesday, 31 August 2011 10:48

Running, Jogging, Walking, Talking ...Make it a Family Affair!

RACE TIME: 10:00am start for both courses

5K & 10K: Start at the Bill Chipman Palouse Trail Trailhead

REGISTRATION: Accepted by www.pullmanparks.com or in person at Pullman Parks & Recreation on Friday, Oct 28, 5-9pm. www.pullmanparks.com or in person at Pullman Parks & Recreation on Friday, Oct 28, 5-9pm.

[RUN FORM](#)

Pullman Aquatic & Fitness Center Presents:

Spooky Splash



Join the PAFC staff for a “Splashin’” good time.

Harvest themed events include bobbing for apples, swimming in the steamy cauldron, and pumpkin polo.

Friday, Oct 28 - 5:15-9:00pm - \$4.00*

Costumes welcome! All ages welcome!

Supervision policy applies. *Membership/free passes NOT accepted



Pullman Parks & Recreation Presents: 27th Annual Halloween Carnival

Black Cats & Groomsticks
Children: 2-6 years old
Monday, October 31 - 4:30-6:30pm
Pioneer Center, 240 SE Dexter

Fee: \$1.00 per child, payable at the door

*Children must be accompanied by an adult

Sponsored by: Pullman Parks & Recreation and Delta Gamma Sorority



Afternoon D-lite

To-do list got you down? Yard needs improving? House needs cleaning? Nope, we can't help you with t

F	Nov 11, Dec 30	12:00-4:00pm	\$10ea
M	Nov 21, Dec 19	12:00-4:00pm	\$10ea
Tu	Nov 22, Dec 20	12:00-4:00pm	\$10ea

Special Events

Last Updated Wednesday, 31 August 2011 10:48

W	Dec 21, 28	12:00-4:00pm	\$10ea
Th	Dec 22, 29	12:00-4:00pm	\$10ea

- Min 3/Max 20
- 2.5+ yrs are welcome.
- We recommend that children 8-12yrs not enrolled in the program have a caregiver on site.
- Please bring a "healthy" prepackaged snack for all to share-no nuts please!
- Beverages provided.
- Non-swimmers will be required to wear a life jacket for activities.
- Pre-registration required.
- Participants receive a 20% discount when they possess an annual PAFC membership



Lazy Laps B4 Naps

Thurs, Nov 24 - 8:00am-12:00pm - Regular Fee*

Enjoy your morning exercise before you eat your Thanksgiving feast.

Pools and Fitness Room available.

All ages welcome. - Supervision policy applies.

*Membership/free passes accepted

Canned Swim



Fri, Nov 25 - 1:00-6:00pm - Fee: Food for Food Bank

Skip the crowded mall and join us during our Thanksgiving Food Drive.

Enjoy “FREE” entry to the pool with three canned or boxed goods per person.

Supervision policy applies.

Lap swimming exclusively available from 12:00-1:00pm

☐ Drop & Shop

Fridays:☐ Dec 2, 9, 16 - 6:00-10:00pm- ☐ \$10ea

Holiday parties to attend, company coming to visit, shopping to finish, gift wrapping need bows?☐ We're

- Min 8/Max 30
- 2.5+ yrs are welcome.
- 12 and under must be enrolled in the program or have direct caregiver supervision.
- Please bring a “healthy” prepackaged snack for all to share-no nuts please!
- Beverages provided.
- Non-swimmers will be required to wear a life jacket for activities.
- Pre-registration required.
- Participants receive a 20% discount when they possess an annual PAFC membership.



Open Gym for Youth & Families

Sunnyside Gym will be open

December 20-22, 28-30 - 1:00-5:00pm

Special Events

Last Updated Wednesday, 31 August 2011 10:48

For youth and families to burn off some of that holiday energy. Participants must carry clean tennis shoe